# **Transfer Transition:** How 1 credit courses can be utilized to engage with first-year transfer students

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# UNIV 300 at GMU

- An 8-week course at GMU that can be taken for 0-1 credits that is specially for transfer students.
- This course is an extended explanation of resources and a space for students to build connections.
- Topics discussed in the curse include Transfer Shock, Getting to Know Campus, Imposter Syndrom, Mental Health, Career and Graduate School Readiness, Financial Well-Being, Research, and More.

# Scan the QR Code for the Syllabus





#### Research

- Improved Short-Term Outcomes for Students Who Take Student Success Courses (Community College Research Center, 2013).
- Schlossberg's Transition Theory (1981, 2008).
- Flaga's 5 Dimensions in the Transfer Process (2006).

# Takeaways: How can it work for you

- Look for Spaces of Collaboration
  Who is in charge of the 1-credit 100-level success courses?
- Utilize Graduate Student and Undergraduate Student help when possible
- Connect with your students, make changes where needed
  - Could this format be done without a class structure?

# **Questions?**

Contact: Caroline Simpson csimpso@gmu,edu Happy to share resources, assignments, and content from the course.